



Special  
Olympics  
**Unified  
Sports®**



Vancouver Public Schools is proud to be a partner of Special Olympics and offer Unified Sports to our middle and high schools. Students can participate in the sports of basketball and soccer.

Unified Sports is an inclusive sports program that combines an approximately equal number of **athletes** (individuals with intellectual disabilities) and **partners** (individuals without intellectual disabilities), male and female, on teams for training and competition.

Research studies have confirmed the positive social impact of Unified Sports on individuals with and without intellectual disabilities as well as their communities. Unified Sports helps increase the skills necessary for individuals with intellectual disabilities to develop meaningful relationships, be accepted and respected, and be better prepared for community living.

If you are interested in receiving additional information on how your student can be involved in Unified Sports, please contact your school Athletic Director.

**Let me win.**  
But if I cannot win,  
**let me be brave  
in the attempt.**  
- Special Olympics athlete oath